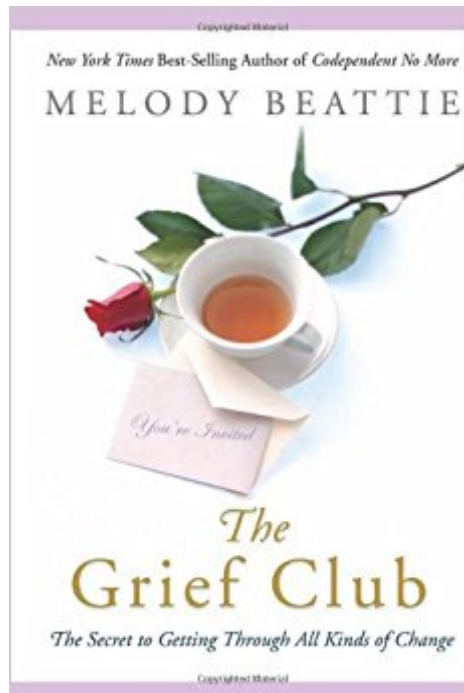




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The Grief Club: The Secret To Getting Through All Kinds Of Change



Synopsis

The Grief Club is Melody Beattie's profoundly personal, powerfully healing book to help readers through life's most difficult times. The Grief Club is Melody Beattie's profoundly personal, powerfully healing book to help readers through life's most difficult times. Part memoir, part self-help book, part journalism, The Grief Club is a book of stories bound together by the human experience of loss in its many forms such as death, divorce, drug addiction, and the tumultuous yet tender process of recovery. It's a book you need to read and share. Twenty years ago, *Codependent No More* established Melody Beattie as a pioneering voice in self-help literature and endeared her to readers who longed for healthier relationships. Over the years, Melody has invited readers into her life with several more best-selling books--each punctuated with her trademark candor and intuitive wisdom.

Book Information

Paperback: 368 pages

Publisher: Hazelden Publishing; 1 edition (July 5, 2006)

Language: English

ISBN-10: 1592853498

ISBN-13: 978-1592853496

Product Dimensions: 5.4 x 0.9 x 8.4 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars 62 customer reviews

Best Sellers Rank: #51,044 in Books (See Top 100 in Books) #59 in [Books > Health, Fitness & Dieting > Mental Health > Codependency](#) #86 in [Books > Politics & Social Sciences > Sociology > Death](#) #111 in [Books > Self-Help > Death & Grief > Grief & Bereavement](#)

Customer Reviews

Melody Beattie is the author of numerous books about personal growth and relationships, drawing on the wisdom of Twelve Step healing, Christianity, and Eastern religions. With the publication of *Codependent No More* in 1986, Melody became a major voice in self-help literature and endeared herself to millions of readers striving for healthier relationships. She lives in Malibu, California.

I'm in the middle of this and I'm not getting much out of it, the grief scenarios are a little too specific to be a general-grief purpose read.

I cried every chapter because of other people's losses, and/or because of those where there is a

possible YET! It is a masterpiece of work in my humble viewpoint.

Great book

Well written book. Melody Beattie gave me lots to think about and gently urges the reader to read on. I would recommend this book.

I thought this was fantastic. I picked it up for the purpose of reading to understand others and to gain greater empathy of those that have suffered difficult and extensive challenges. It did exactly that. I learned and grew through a better understanding of how others had faced their challenges.

This book is comforting for those who are experiencing loss of any kind. There are short examples of different kinds of loss and the grief associated. The inspirational stories describe each person's journey of healing from their loss. I enjoy reading Melody Beattie she is insightful with a keen understanding of what people need to read/hear when they are experiencing grief.

From the very first moment that I held this book in my hand and opened it, I knew that I was traveling a good path of pages. Beattie has a voice that I needed to hear. She speaks from first-hand knowledge and that is so appreciated. Great product! Thanks, Keesha

I bought this book because I have been experiencing several losses. This author is very well known to me and I am familiar with her wisdom. She shared her own personal experiences and I found that I had a lot in common with her. Tears rolled down my eyes as I read certain passages. This book can be of help to anyone going through the loss of things like the death of a loved one, relationships, youth, grown children who move away and others. I highly recommend this book.

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